

WELCOME

*TO ILAC INTERNATIONAL
HIGH SCHOOL*

ARE YOU READY?



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Welcome to Our School Community!



We're so excited to welcome you to ILAC International High School! As you begin this new adventure in Canada, we're here to help you feel prepared, supported, and excited for what's ahead.

This Welcome Package has everything you need to get ready before you arrive.

Let's make your high school experience amazing from day one!

ILACIHS Team



School Year Calendar 2025-2026

H: Statutory Holiday **B:** School Break
S: Start of School Term **F:** Final Exam
P: Parents-Teachers Conference

Month	1 st Week					2 nd Week					3 rd Week					4 th Week					5 th Week				
	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
September 2026		1 B	2 B	3 B	4 B	7 H	8 S		10	11	14	15	16	17	18	21	22	23	24	25	28	29	30		
October 2026				1	2	5	6	7	8	9	12 H	13	14	15	16	19 P	20	21	22	23	26	27	28	29	30
November 2026	2	3	4	5	6	9	10 F	11 B	12 B	13 B	16 S	17	18	19	20	23	24	25	26	27	30				
December 2026		1	2	3	4	7	8	9	10	11	14	15	16	17	18	21 B	22 B	23 B	24 B	25 B	28 B	29 B	30 B	31 B	
January 2027					1 B	4 P	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29 F
February 2027	1 B	2 S	3	4	5	8	9	10	11	12	15 H	16	17	18	19	22	23	24	25	26					
March 2027	1	2	3	4	5	8	9	10	11	12 P	15 B	16 B	17 B	18 B	19 B	22	23	24	25	26 H	29 H	30	31		
April 2027				1	2	5	6	7	8	9	12	13	14	15 F	16 B	19 S	20	21	22	23	26	27	28	29	30
May 2027	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24 H	25	26	27	28 P	31				
June 2027		1	2	3	4	7	8	9	10	11	14	15	16	17	18 F	21 B	22 B	23 B	24 B	25 B	28 B	29 B	30 B		
July 2027				1 H	2 B	5 S	6	7	8	9	12	13	14	15	16	19	20	21	22	23	26	27	28	29	30
August 2027	2	3	4	5	6	9	10	11	12	13	16	17	18 F	19 B	20 B	23 B	24 B	25 B	26 B	27 B	30 B	31 B			



Important Dates & What to Expect

BEFORE

26

AUG, 2026

STUDENT EMAIL ACCOUNT ACTIVATION

Login instructions will be sent to your personal email.

31

AUG, 2026

ONLINE ORIENTATION

You'll receive the invitation with the details via email one week before.

BEFORE

04

SEP, 2026

STUDENT TIMETABLE - MOODLE ACCESS GUIDELINE

You'll receive details via personal and school email.

BEFORE

04

SEP, 2026

STUDENT HEALTHCARE PLAN

You'll receive the plan activation via email.

08

SEP, 2026

ONSITE ORIENTATION

8:15 a.m. at school

September 7: A statutory public holiday. There will be no classes, and the campus will be closed.



School Calendar - Term 1

Sept 8th to Nov 7th, 2025

Date

Event

August 31 , 2026

Online Orientation

September 8, 2026

First day of School, Onsite Orientation for new students

September 10, 2026

Deadline for applying to change courses

September 11, 2026

Workshop: "Understanding your healthcare plan in Canada"

September 18, 2025

Parent-Teacher Conference (By appointment) + Regular class day for students

September 25, 2026

Workshop: "Community Service in Toronto"

October 2, 2026

School Clubs Information and Application session

October 12, 2026

Holiday: Thanksgiving



School Calendar - Term 1

Sept 8th to Nov 7th, 2025

Date

Event

October 14, 2026

Mid-term report card release to parents and students

October 19, 2026

Parent-Teacher Conference (By appointment) - Students can participate in community service; no classes.

October 20, 2026

Deadline of dropping courses for credit protection

October 22, 2026

"Find out your specialty", teachers will provide a wide range of activities for student to explore their interest and specialty in lunch time, for example:

- Fun Math: Sudoku and Puzzle Solving
- Chemistry/ Biology lab experiment
- Performance Art - Literature and Poem

October 29, 2026

COMC (Canadian Open Mathematics Challenge)

November 10, 2026

Final Exam of term 1

November 11-13, 2026

School Break



Be ready for your first day!

Before your first day:

STUDENT CONSENT AND INFORMATION FORM

Make sure your parents or guardians complete the required information and sign where indicated on the Consent and Medical Information Form

Please press the link here:
[Student Consent and Information Form](#)



On your first day:

Please don't forget to bring the following documents with you

- Passport
- Original Transcript
- Visa documents (Study Permit, ETA, Visitor Record, etc.)
- Custodianship Letter
- Local Address in English
- Tablet/laptop



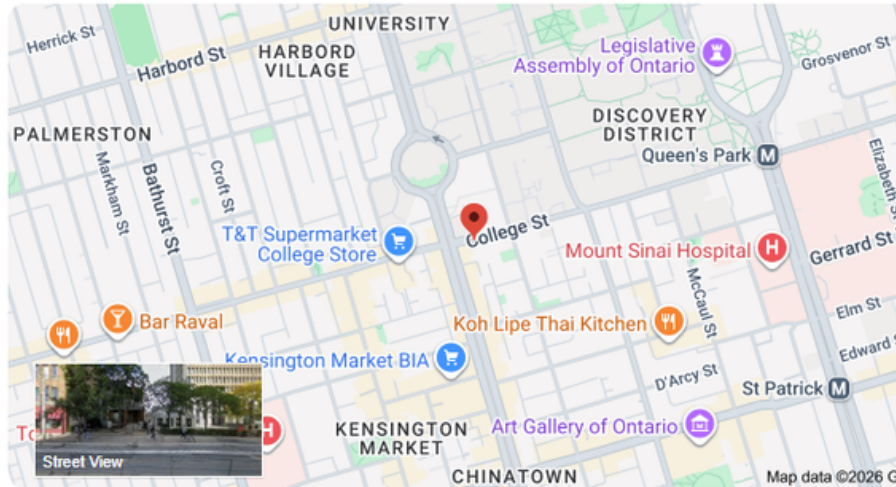
Where are we located?

Starting September 8, 2026, our new campus address will be:

Location:

University Campus
255 College Street Toronto, ON
M5T 1R5

The University Campus is conveniently located in the heart of Toronto. Campus offers students a convenient and connected learning environment. With easy access to public transit and a variety of nearby amenities, it's an ideal place to study while experiencing downtown Toronto.



Getting here and Nearby Essentials:

TTC Nearby:

- College Street streetcar (Route 506)
- Queen's Park Station (Line 1) - about a 10-minute walk.
- St. Patrick Station (Line 1) about a 12-minute walk

Coffe & Food:

- Starbucks
- Tim Hortons
- Local cafes & restaurants

Grocery and Convenience:

- T&T
- Metro
- 7-Eleven

Banks & ATM

- TD Canada Trust
- Scotiabank
- CIBC
- Multiple ATMs are also available along College Street and Spadina Avenue

Nearby Attractions

- University of Toronto (5-minute walk)
- Kensington Market (8-minute walk)
- Chinatown (5-minute walk)
- Queen's Park (10-minute walk)
- Art Gallery of Ontario (AGO) (15-minute walk)

Public Transportation



Toronto Transit Commission, the TTC, operates buses, subway trains and streetcars in Toronto.

Transit routes, schedules can be found on the [TTC website](http://www.ttc.ca).

Fare Types and Discounts

- Buy a presto card - \$4
- Set up the fare type



Fares

Adults Youths 13-19

Cash	\$3.35	\$2.40
PRESTO	\$3.30	\$2.35
PRESTO Monthly pass	\$156	\$128.15
PRESTO Annual pass	\$143	\$117.45

How to set up the fare type

If you are between 13 and 19 years old, you can apply for the Youth fare.

Visit a [Shoppers Drug Mart](#) or [Customer Service Outlet](#) to set up your card.

Proof of age is required.



How to Get a Canadian Phone Number

Where to buy a SIM card

- Major mobile providers – physical stores
- Convenience stores
- Airport

Major providers

- Fido
- Rogers
- Freedom Mobile
- Bell
- Rogers
- Telus

Documents you may need

- Passport
- Study Permit
- Canadian address

Tips:

- Recommended for students: Prepaid plans – no contract, easy to cancel.
- Prepaid plans usually include unlimited Canada-wide texting and calling, and data. Plans range from \$25 to \$45/month.
- If you're under 18 years old, you can buy a prepaid SIM card without a parent or guardian. But for monthly phone plans (with contract), most phone companies require you to be 18+ or have a parent/tutor sign.



A Canadian number is essential for emergency dialing while in the country

Where to open a Bank Account

Banks that offer student-friendly accounts:

- TD
- RBC
- CIBC
- BMO
- Scotiabank.

Documents you may need

- Passport
- Study Permit
- Proof of school enrollment
- Canadian address

Tips:

- If you're between 12 and 16 years old, you can open a bank account, but some banks may require a parent or legal guardian, or a custodianship letter from your school.
- If you're 16 or older, you only need to provide a valid ID.
- Popular banks often have staff who speak multiple languages. Walk-ins are welcome, but appointments are faster and easier way to secure language assistance.



Emergency Contact

Emergency

- For emergencies, call 9-1-1 immediately or visit the closest hospital Emergency Room!
- ILAC Crisis Hotline: 1 888 230 8148. This line is healthcare emergency only; call will be triaged and supported as needed. Calls for non-emergency inquiries will be asked to email the department.

NON- Emergency

- Call 8-1-1 for non-emergency medical support
- Toronto Police Services: 416-808-2222
- Homestay: 416-878-8250

Student Healthcare Plan

- All ILACIHS students have the guard.me healthcare Plan.
- Prior to your start date, you will receive an email from the plan provider, Guard.me (donotreply@guard.me) with necessary details.

Seeing a doctor in Toronto

Where:

- Walk-in Clinics
- Book online consultation: [GuardMe](#) | [Maple](#)
- Get medicine from Pharmacy with Pharmacist's guidance

Payment:

- Prepaid payment - Claim request (majority)
- Direct billing



School culture in Canada:

Toronto is a city full of diverse nationalities, and our school reflects that spirit. Here, you'll find staff, teachers, and classmates from all over the world. We're proud to create an inclusive environment where everyone feels welcome, supported, and comfortable.

- Be on time: Arriving late is considered disrespectful. Always try to be on time for class and activities.
- Participate actively: Teachers appreciate when students ask questions, share ideas, and engage in discussions.
- Respect everyone: Teachers and students expect mutual respect. Be kind, polite, and open-minded.
- Ask for help: If you're confused or struggling, talk to your teacher, school staff, or a classmate. Everyone is here to help.

Weather:

- Canada has 4 seasons, and winters in Toronto can be very cold (sometimes -20°C).
- Make sure to get warm waterproof boots, a hat, gloves, and a scarf.



Well-being:

- Moving to a new country is exciting but can be challenging.
- We are here to listen and support you if you need any help.
- Healthcare team is available at healthcare@ilac.com

Making Friends & Getting Involved:

- Say hello to classmates, join conversations, and smile — it makes a big difference!
- Join school clubs, or school events. It's the best way to meet people and feel connected.
- Get involved in local community — helping out is a great way to build a sense of belonging.



**We can't wait to welcome
you to ILACIHS**

**YOU'RE OFFICIALLY PART
OF OUR ILACIHS FAMILY!**

